

Fundraise Healthy

School fundraisers often include unhealthy foods, such as candy and bake sales. Planning fundraisers that do not involve food or focus on healthy food promotes a healthy school environment. When they are consistent with health lessons, they add credibility to the lesson. Novel fundraising ideas increase profits and do not compete with other school fundraisers.

Hold an Event

- Dance
- Talent show
- School fair with local businesses and healthy foods
- Craft fair
- Craft class
- Car wash
- Car show
- Host a home party vendor fair at the school. Charge table rent from each vendor.
- Pennies from Your Pocket (collect loose change)

Sell Non-Food Items

- Gift certificates or discount cards
- Flower bulbs or plants
- Magazine subscriptions
- Reusable shopping bags
- Greeting cards
- Family photo portraits
- Wreaths
- Gift wrap
- Crafts

Sell School-Pride Gear

- Backpacks
- Bumper stickers
- Calendars
- Car magnets
- Decals
- Frisbees
- Mugs
- T-shirts
- Water bottles

Hold a Raffle

- Theme baskets
- Tickets to a local event
- Extra prom or graduation tickets
- Movie theater passes
- Front rows seats for a school event
- Gift certificates from local businesses

Hold an Activity-a-Thon

- Bike-A-Thon
- Dance-A-Thon
- Walk-A-Thon
- Jump Rope-A-Thon
- Bowl-A-Thon
- Knit-A-Thon
- Read-A-Thon

Hold a “Bakeless” Bake Sale

Instead of holding a bake sale, ask families to make a direct donation to the organization for the same amount they would have spent on ingredients.

School Foods

A Guide to Implementing the New Hampshire Administrative Rules for Education Regarding Food and Nutrition

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